



South Florida Lower Extremity Institute (SOFLEX) LLC

Cason M. Quinn, DPM, AACFAS
Podiatric Medicine & Surgery
Pediatrics & Adults

5602 PGA Blvd #101 Palm Beach Gardens FL 33418
Phone: (561) 627-6444 Fax: (561) 627-3572
office@SOFLEX.com www.SOFLEX.com

Referral Form

URGENT REFERRALS: Referral regarding acute fracture, infection or tumor, please inform staff to discuss with Dr. Quinn directly.

Referring Physician/Facility: _____ Phone #: _____ Fax #: _____

Patient Name: _____ DOB: _____

Parent/Guardian (if applicable): _____ Phone #: _____

Insurance: _____ Insurance #: _____ Phone #: _____

Please provide any additional documents:

- History and Physical
 Medication List
 Lab Results
 Patient Demographics
 Summary/Progress
 Other: _____

Reason for Referral

Diagnosis / ICD 10:

Laterality: Right Left Bilateral
Location: Toe Foot Ankle Lower Leg
 (Circle All That Apply)

Tendon, Ligament, Muscle, Bone & Joint Pathologies

Imaging / Treatment / Management / Referral
Procedural Intervention: Injections, Aspirations
Surgical Intervention

Tendinitis / Tendinopathy / Tear

- Achilles
 Posterior Tibialis
 Peroneal Tendon(s)
 Anterior Tibialis +/- Extensor aka "Shin Splints"
 Other: _____

Ligament Strain / Pathology / Tear

- Ankle (Lateral Medial or Syndesmosis
 aka "High Ankle Sprain")
 1st Metatarsophalangeal Joint aka "Turf Toe"
 Midfoot aka "Lisfranc"
 Other: _____

Foot Ankle Lower Leg Deformities

Congenital or Acquired

- Posterior Tibial Tendon Dysfunction aka "PTTD"
 Drop Foot
 In-Toeing
 Leg Length Discrepancy
 Other: _____

Muscle Sprain/Tear

- Gastrocnemius +/- Soleus aka "Calf"
 Other: _____

Osseous Injuries

- Fracture +/- Dislocation
 Stress Fracture
 Bone Contusion = "Bone Bruise"
 Osteochondritis Dissecans (OCD) = Injury to Joint Cartilage

Area(s) of Concern:

- | | |
|---|--|
| <input type="checkbox"/> Subtalar Joint | Metatarsal(s) |
| <input type="checkbox"/> Ankle Joint | Tarsal Bone(s) |
| <input type="checkbox"/> Lower Leg: | <input type="checkbox"/> Navicular |
| <input type="checkbox"/> Tibia | <input type="checkbox"/> Cuboid |
| <input type="checkbox"/> Fibula | <input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> Calcaneus | <input type="checkbox"/> Digits (Toes) |
| <input type="checkbox"/> Talus | <input type="checkbox"/> Sesamoid aka "sesamoiditis" |

Joint Pathologies / Diseases / Arthritis

- Bursitis
 Synovitis / Tenosynovitis
 Osteoarthritis
 Crystalline Arthritis: Gout Pseudogout
 Autoimmune Inflammatory Arthritis
 Rheumatoid (RA)
 Psoriatic
 Other: _____



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Dermatology

*Treatment / Management / Referral
Procedural / Surgical Intervention*

Injury/Infection

- Abscess
- Laceration
- Foreign Body
- Cellulitis
- Other: _____

Chronic Ulcers

- Diabetic
- Venous
- Arterial
- Traumatic
- Other: _____

Neoplasms: Benign/Malignant/Unknown

- Skin Lesion
- Soft Tissue Tumor
- Malignancy: SCC/BCC/Melanoma
- Other: _____

Peripheral Vascular Disorders

Treatment / Management / Referral

- Lymphedema
- Venous Insufficiency
- Peripheral Arterial Disease

Neurology

Treatment / Management / Referral / Procedural / Surgical Intervention

- Peripheral Neuropathy
- Nerve Injury / Entrapment
- Neuromas

Elective Surgery

- Arthroscopy
 - Ankle Joint
 - Subtalar Joint
- Fusion
 - Midfoot
 - Rearfoot
 - Ankle
- Osteotomy
 - Midfoot
 - Rearfoot
 - Ankle
- Tendon Transfers
 - Midfoot
 - Rearfoot
 - Ankle
 - Leg
- Tendon Augmentation / Supplementation / Restoration
- Repair (Primary or Secondary) of Ligamentous Structures
- Deformity Correction
 - Coalition Resection
 - Nonunion / Malunion
 - Neglected Injuries
- Revision or Repair of Surgical Outcome
- First Metatarsophalangeal Joint (1st MPJ)
 - Cheilectomy
 - Fusion
 - Hallux Valgus Surgery = Bunionectomy
- Achilles Lengthening / Gastrocnemius Release
- Other Elective: _____

Nonelective Surgery

- Closed & Open Reduction / Fixation of Fractures +/- Dislocations
 - Adult / Pediatric
 - Open Reduction Internal Fixation (ORIF)
 - Application Multiplanar External Fixation
 - Midfoot
 - Rearfoot/Ankle
 - Distal Tibia / Pilon
- Repair of Acute Ligament Injury
- Excision of Soft-Tissue Tumor/Mass
- Management of Bone/Joint Infection (Osteomyelitis / Septic Arthritis)
 - Amputations
 - Digital/Lesser Ray
 - Transmetatarsal Amputation (TMA)
- Management of Tumor/Neoplasm
 - Skin Biopsies
 - Benign & Malignant Skin / Soft Tissue / Bone Tumors
- Laceration & Wound Repairs
- Excisional Debridement Chronic Ulcers
 - Incision & Drainage (I&D)
 - Abscess
 - Hematoma
- Removal of Foreign Bodies